

## General Assembly 03.09.2023

**Place:** Utogrund Zürich

**Time:** 10:00 - 12:00

**Attendants Board:**

Cris Hengartner, Sara Mondgenast, Lotta Eklund, Nadja Arévalo,

**Absence:** Marion Schweizer, Claudia Bartolini, Florence Lehot

### Agenda items

1. Opening of the Meeting / Roll Call
2. Input on the Minutes of the GA2022
3. Annual Report
4. Financial Matters
5. Proposals
6. General Information
7. Openings in the Association
8. Board Member Elections
9. Date and Place of next meeting
10. Questions/Discussion
11. Varia

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#### 1. Opening of Meeting / Roll Call

Tina Bautista does the vote counts

Nadja Arévalo does the protocol

#### 2. Input on the Minutes of the GA22

Nothing unclear.

Voted: accepted

#### 3. Annual Report

Successful Skillsdays, Coaches Course and ICU/IASF/ECU participation

Various camps and competitions

FSCG European Champions in Junior Category

New strategic goals "our mission as the Swiss Cheerleading Association is to:

- Give Education opportunities for our members
- Organize and support championships in Switzerland
- Increase the recognition of cheerleading as a sport
- Encourage participation in the sport at all levels, from grass-root to elite

#### **4. Financial Statement 2020/2021**

##### General Budget

There is still an open amount from the national team, which was invoiced to the athletes. So there will still be money coming in, which will be booked for 2024.

##### Budget Championship

the highest expense was the location. We spend more money for the helpers this year, to give them more recognition and to thank them more.

Question from Alexa: will the merch for the next championship be more expensive to make money out of it? Answer: No, we don't want to have a big profit as we want to make it attractive for everybody to buy memories from the event.

We made a profit of 41'834.-

#### **5. Proposals**

New Club USG Cheer St. Gallen (HSG)

→ voted and approved

#### **6. Annual Plan 2021 / 2022**

Coaches Courses in October and January

Skillsdays/Camps for Stunts and Tumbling

Championships (national, international, and open championships)

National Teams (Pre-Tryout, Tryouts 2025)

We plan a member event to get to know each other even better

Workshops/Conferences

International ICU and judges courses

Swiss Olympic Education

Board get-away

Question Annika: will the tumbling skillsday have limited spaces? Yes, as a tumbling gym has limited space

Votes: everybody accepts the annual plan.

## 7. **Budget 23/24**

- Main part of the budget will go to education
- We got 10K from Swiss Olympic for Ethics
- Increase funds for the board as our long term goal is to have people employed

Question Flora: is that money only for cheer or also for dance?

Answer: The budget for national team goes under the whole national team umbrella. The goal is to have a dance national team in 2025 the latest.

Votes: everybody accepts the budget 23/24

## 8. **General Information**

National team pre-try outs will be for Cheerleading only but for Juniors, Seniors in Coed and Allgirl.

### **New Head of Committees:**

#### **Robin-Anne → Championship Concept**

- SCA takes over the full organization process of Swiss Championship
- No club is hosting
- Swiss Cheer Open can still be organized by a club, we can offer 10% of the profit
- Therefore SCA organization committee needs to be found
- Proposal: 1 helper must be provided for every 10 members
- Helpers will not pay any entrance

Question: does it have to be a full time helper or could it also be an athlete?

Answer. Yes it could be part time, but has to be doable, so not really for coaches who are also athletes

Input Wildcats: they will not be able to bring so many helpers. Especially when the comp is far away. And they really struggle even for their own events.

Input Amis-Gym: they also see issues to find so many helpers if the comp is far away.

Input Annika: she suggests that local clubs (close to the comp) can maybe provide more helpers to cover teams from far away. We have to make it happen and motivate the parents.

Input Cris: it doesn't have to be adults, it can also be teenagers, so for example boyfriends etc.

Input Lotta: in Sweden they already do it like that and it works very well. It creates a nice community.

### **Tina Buatista → Education Concept**

- We want to pay more attention to the education

How will the coaches course work this year:

- Create foundation for new coaches
- Create unity
- 2 day course, twice a year at the beginning of the season and at the end
- Day 1 theoretical inputs on basic knowledge and how to implement into practice, followed by a written 20min exam
- Day 2 practical inputs in the gym (in small groups taking turns)

Advanced:

- 1 day course (mid-season)
- Starting with general input on important topics (e.g. ethics) followed by each participant choosing 3 workshops they then follow throughout the day

Question:

- Will it be possible to do more than 1 workshop? Yes... you can do all of them
- Everybody who has done a basic course last year or 2021, can they go to the advanced: YES
- Is it enough to have the basic course to participate in the Championship? Yes, for nationals in 2025 you will only need the basic course

Education Concept ICU

- Rules Comprehension course: Module B&C
- Global Coaching Technique: Module A
- Coaching Skill Credentialing: Level 1 / Novice
- Coaching Skill Credentialing: Level 2 / Intermediate
- Coaching Skill Credentialing: Level 3 / Median
- Coaching Skill Credentialing: Level 4 / Advanced
- Coaching Skill Credentialing: Level 5 / Elite
- Coaching Skill Credentialing: Level 6 / Premier
- Coaching Skill Credentialing: Special Olympics

All Modules can be attended in either Cheerleading or Performance Cheer



Check [www.icu.member365.org](http://www.icu.member365.org) there are courses in person but also online

Input Annika:

- Question who goes to [rules@swisscheer.ch](mailto:rules@swisscheer.ch) never get answered or it takes extremely long. This has to be improved

### **J&S Education Concept**

Youth and sport= largest sports promotion project in Switzerland

- Promotes healthy, sustainable and integrative sport in clubs
- Funded by the government (Baspo)
- 1.30/person /hour (max.1.5h) but mandatory education needed (18+)

You have to start with the Leiterkurs - advanced course will then take place every 2 years

1418 Coach

- Assistant coach program 14-18 years old
- 1 weekend
- Salary of 5.- per practice
- 14 cantons offer the program

Important input: if you are under 30 years old, your work have to give you at least 5 days off for J&S

### **Ethics Concept**

Please spread this email address if you have any issues or questions around ethics. Only Cris has access to this email address, so it stays safe and personal [ethics@swisscheer.ch](mailto:ethics@swisscheer.ch)

For the future it will be another person taking over this topic, as Cris is doing that now for the beginning.

Ethics Program of Swiss Olympic: under <https://academy.swissolympic.ch> "Kurse" you can search for "ethics" where they offer several courses.

If somebody is interested in ethics and would like to take over this committee please get in touch with us.

### **Gender identity of athletes**

- Will be included in the ethics concept

→ for now since there is no rules about that, gender in the passport is valid in the category.

→ if an athlete is non-binary or transgender and doesn't want to participate in the category of the biological gender, they will have to do a showcase

## **Data Protection Law**

Since 01.09. New data protection laws are in place

Most important changes: general transparency obligations, strengthening of the rights of subject data

### **What needs to be done with information that is considered 'particularly sensitive personal data'?**

- Keeping a processing directory
- Explicit consent required  
written or spoken words or signs (e.g. ticking a box, the active selection of certain technical parameters or in the specific context a clear sign or movement)

### **Why is data protection important?**

- Reputation / Marketing Message
- Minimize the risk of fines, e.g. with:
  - Incomplete information
  - Not informing the persons concerned
  - Transfer of data to third countries without that adequate data protection is guaranteed

There are also a few measures that always make sense - regardless of the specific data processing:

- Carry out regular updates of software and systems
- Sensitization and training of employees, coaches and board members
- Authorization management
- Password manager and/or two-factor authentication
- Set up backups correctly so that they cannot be infected with ransomware in the event of a cyber attack
- Encryption of particularly sensitive data during transmission

There is a e-learning about data protection on <https://academy.swissolympic.ch> under courses.

It's in German and French.

## **Background Check**

- every coach needs to have a background check
- the board of the club needs to prepare the application online
- we will send out a explanation how to do that as soon as possible

A criminal record check is essential for a coach to ensure the safety and well-being of athletes under their guidance. The decision by the board to make this mandatory reflects our commitment to maintaining a secure environment for all athletes.

Question: will the SCA cover the costs for the background check of the helpers?

Yes, for the first year

Openings in the association

We need support! Especially in education

If you are interested please get in touch with [president@swisscheer.ch](mailto:president@swisscheer.ch) or [office@swisscheer.ch](mailto:office@swisscheer.ch)

## 9. **Board Members**

### **Election/Confirmation president**

- **Cristina Hengartner**  
→ voted and approved

### **Election/Confirmation of the Board**

The following people to be voted on to remain in the board (only half of the board):

- Nadja Arévalo
- Sara Mondgenast
- Charlotta Eklund

→ voted and approved

Approval of Agreements with other Associations and Organizations

ICU

→ voted and approved

## 10. **Varia**

- Steffie asks about the “garderobe” situation at championships, as her local ethics committee don't allow to mix seniors and juniors and even coaches. Will need to be discussed on the Championship Committee
- Will there be a Masters Nationalteam? Everybody can go to pre-tryout
- Flora asks for Dance Master Nationalteam, as she has lots of old athletes. She will talk to Nathalie and Marion about that.
- Information from Annika: Spirit Fever doesn't offer shoes anymore, thats why a mum from Warriors has started a store for cheer shoes. She also offers visit your club to try on the shoes etc. Brands are Nfinity and Varsity. She's still building up, but you can ask her.  
[www.cheermotion.ch](http://www.cheermotion.ch)

Age Groups:

Age Group	Age Criteria	Level 6	Level 5	Level 4	Level 3	Level 2	Level 1	Level 0
Masters	30 years +	x	x	x	x	x	x	x
Senior	16 years+	x	x	x	x	x	x	X
Junior	15-18 years		x	x	x	x	x	X
Youth	12-14 years		x	x	x	x	x	x
Primary	8-12 years			x	x	x	x	X
Mini	5-8 years					x	x	X
Tiny	6 years and younger						x	X

- There is an overlap of age for 2009 this year. Claudia is revising the rule book and will be sending it to you as soon as possible. For 2025 there might be more restrictions.
- Tina asks if the overlap will change because she will have kids that can't be in a team for 1 year as they don't have a junior team: not for 2024 and probably also not for 2025. Will be discussed.
- When do we know which levels will be provided at nationals? It was mentioned in the email we have sent, the section in green.
- Scoresheet: Remember that there will be 10 more points in tumbling for Level 1-4
- Steffie asks about a skills list, as she has issues to know what she's allowed: Input Cris: ICU will leave the creativity to the coaches. But CCVD has an overview of skills under [cheersport.de](https://cheersport.de) - Downloads - Summary Sheet. This could maybe be of help to know what's legal, but please note they have more levels than us, so you can't relate completely.
- Will there be a Youth GS category? → we get back to you!

Input Warriors: Homepage is really bad and you can't find anything. → we know, unfortunately we had other more important topics. We are looking for somebody for the homepage.

- Recommendation Annika: Always read the glossary, it helps to understand the rules
- Always make sure you are in the right category. Especially if you compete in another country.



- Cris presents a game/card box for coaches, how to keep young people involved in the clubs. They have cards with ideas for practice and games to keep them motivated and interested. You can order the cards under <https://www.kenniscentrumsportenbewegen.nl>
- Vanessa asks how to build up a cantonal association. Nathalie from Pink Ladies explained it was quite easy to start. You have to check the cantonal sports department what they ask for. It's quite a good option to bring clubs together and to get funds for materials. It might make sense to do regional associations to have more teams in it. It doesn't have to be cantonal only.
- Mountain Cup: which scoresheet will be valid? → it's like SCA.
- Barabara says that since the last 3 years there has been a big gap between the French and German parts. She says she would like to create something to bring it back together. What can we do? We are planning a members event for having more exchanges. Hummingbird is having an open day on 03.12., Sara will send a flyer out soon, but this could also be a platform for exchange. Then skillsdays are always a door opener. First step is also the coaches and board members being open minded and try to work together with other clubs.

Minutes: Nadja Arévalo

A handwritten signature in black ink, appearing to read 'Nadja Arévalo', written in a cursive style.

For the board: Cristina Hengartner

A handwritten signature in black ink, appearing to read 'C. Hengartner', written in a cursive style.